Health Discussion cards. Take it in turns to select a card to discuss by rolling a dice. You can feed your ideas back to the class at the end of the activity.

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| 1  What is health? | 2  In what ways are our lives more or less healthy than people living in rural areas in other countries? |
| 3  What do we need to be healthy? | 4  The UN has stated that a right to health and medical care is a human right. What does this mean? |
| 5  In what ways are our lives more or less healthy than people in the UK 150 years ago? | 6  Why do people across the world die from preventable disease? |